

Fentanyl and Heroin-Related Deaths in North Carolina Alison Miller, MA and Ruth Winecker, PhD, F-ABFT

OVERVIEW

The North Carolina Office of the Chief Medical Examiner (NC OCME) investigates all sudden, unexpected, and violent deaths in North Carolina, including all suspected drug-related or poisoning deaths, and oversees the operations of the state's entire medical examiner system. The NC OCME collects data from autopsy reports, death certificates, investigation reports, and toxicology reports on all deaths investigated by the medical examiner system in North Carolina. The data collected by the NC OCME can be used to identify trends relating to deaths in North Carolina, inform public health initiatives, and develop prevention strategies.

NC OCME TOXICOLOGY LABORATORY

The NC OCME Toxicology Laboratory is accredited by the American Board of Forensic Toxicology (ABFT) and performs toxicology testing on all drug-related deaths in North Carolina to assist the pathologist in determining cause and manner of death. The NC OCME Toxicology Laboratory screens for more than 600 compounds. The number of novel compounds detected during screening has risen dramatically in the last several years.

HEROIN-RELATED DEATHS IN NORTH CAROLINA

Deaths involving heroin increased by 1119.1% from 2010 to 2016. It is important to note that the NC OCME Toxicology Laboratory revised testing procedures for heroin in 2017, providing a more accurate representation of the involvement of this drug in poisoning deaths.



Figure 1 Poisoning Deaths Involving Heroin in North Carolina, 2010 – 2017*



FENTANYL-RELATED DEATHS IN NORTH CAROLINA

Based on provisional data, deaths involving fentanyl and/or analogues increased by 707.6% from 2010 to 2017.

- Deaths involving fentanyl and/or analogues increased by 124.4% from 2015 to 2016. Based on provisional data, deaths involving fentanyl and/or analogues increased by 75.5% from 2016 to 2017.
- Analogues represented 12.8% of deaths in this category in 2015 and 28.2% in 2016. Based on provisional data, 45.8% of deaths were attributed to analogues in 2017.

Figure 2 Poisoning Deaths Involving Fentanyl and/or Analogues in North Carolina, 2010 – 2017*



Table 1 Poisoning Deaths Involving Fentanyl Analogues, 2010 – 2017*

Fentanyl Analogue	2010	2011	2012	2013	2014	2015	2016	2017*	TOTAL
Acetyl fentanyl					7	30	2	7	46
Acrylfentanyl							1	8	9
Butyrylfentanyl						1			1
Carfentanil							1	20	21
Cyclopropylfentanyl								144	144
Fluorofentanyl							11		11
Fluoroisobutyrylfentanyl							7	51	58
Furanylfentanyl							119	109	228
Methoxyacetylfentanyl								34	34
Multiple Analogues							12	63	75
TOTAL	0	0	0	0	7	31	153	436	627

*2017 data are considered provisional and subject to change as cases continue to be finalized.



Table 2 Fentanyl and/or Analogue-Related Deaths in North Carolina, 2016 – 2017*

County of Death	2016	2017*	Total	County of Death	2016	2017*	Total
Alamance	4	21	25	Dare	4	3	7
Alexander	2	0	2	Davidson	4	17	21
Alleghany	0	1	1	Davie	1	2	3
Anson	0	1	1	Duplin	0	1	1
Ashe	2	1	3	Durham	9	22	31
Avery	0	1	1	Edgecombe	2	1	3
Beaufort	0	7	7	Forsyth	9	25	34
Bertie	2	1	3	Franklin	2	3	5
Bladen	0	0	0	Gaston	9	14	23
Brunswick	17	14	31	Gates	4	1	5
Buncombe	17	76	93	Graham	0	0	0
Burke	6	5	11	Granville	2	5	7
Cabarrus	21	44	65	Greene	0	0	0
Caldwell	4	5	9	Guilford	37	89	126
Camden	0	0	0	Halifax	3	3	6
Carteret	6	6	12	Harnett	4	11	15
Caswell	0	2	2	Haywood	1	6	7
Catawba	9	15	24	Henderson	1	7	8
Chatham	1	6	7	Hertford	1	2	3
Cherokee	0	2	2	Hoke	2	1	3
Chowan	1	1	2	Hyde	1	2	3
Clay	1	0	1	Iredell	7	11	18
Cleveland	1	4	5	Jackson	3	1	4
Columbus	6	3	9	Johnston	2	10	12
Craven	16	20	36	Jones	1	3	4
Cumberland	27	44	71	Lee	5	11	16
Currituck	2	0	2	Lenoir	0	7	7



County of Death	2016	2017*	Total	County of Death	2016	2017*	Total
Lincoln	3	2	5	Scotland	0	0	0
Macon	3	3	6	Stanly	1	5	6
Madison	0	0	0	Stokes	0	2	2
Martin	1	1	2	Surry	2	2	4
McDowell	0	7	7	Swain	1	1	2
Mecklenburg	66	108	174	Transylvania	1	0	1
Mitchell	0	0	0	Tyrrell	1	0	1
Montgomery	1	0	1	Union	5	12	17
Moore	3	6	9	Vance	4	7	11
Nash	8	1	9	Wake	52	70	122
New Hanover	37	38	75	Warren	0	1	1
Northampton	0	1	1	Washington	0	0	0
Onslow	12	10	22	Watauga	1	1	2
Orange	3	6	9	Wayne	7	10	17
Pamlico	2	2	4	Wilkes	5	1	6
Pasquotank	7	5	12	Wilson	1	7	8
Pender	9	5	14	Yadkin	1	1	2
Perquimans	1	0	1	Yancey	0	1	1
Person	0	1	1	TOTAL	543	953	1496
Pitt	8	28	36				
Polk	1	0	1				
Randolph	4	18	22				
Richmond	1	1	2				
Robeson	3	3	6				
Rockingham	7	9	16				
Rowan	16	36	52				
Rutherford	5	1	6				
Sampson	1	2	3				



Table 3 Heroin-Related Deaths in North Carolina, 2016 – 2017*

County of Death	2016	2017*	Total	County of Death	2016	2017*	Total
Alamance	3	4	7	Dare	1	1	2
Alexander	1	0	1	Davidson	14	11	25
Alleghany	0	0	0	Davie	3	0	3
Anson	0	0	0	Duplin	1	0	1
Ashe	0	0	0	Durham	12	18	30
Avery	0	1	1	Edgecombe	4	2	6
Beaufort	0	3	3	Forsyth	37	29	66
Bertie	0	0	0	Franklin	1	2	3
Bladen	0	0	0	Gaston	25	10	35
Brunswick	10	8	18	Gates	0	0	0
Buncombe	33	16	49	Graham	0	0	0
Burke	1	0	1	Granville	3	1	4
Cabarrus	15	13	28	Greene	0	0	0
Caldwell	2	0	2	Guilford	54	27	81
Camden	0	1	1	Halifax	3	2	5
Carteret	3	3	6	Harnett	3	10	13
Caswell	0	3	3	Haywood	1	1	2
Catawba	11	7	18	Henderson	7	3	10
Chatham	1	1	2	Hertford	1	2	3
Cherokee	2	1	3	Hoke	1	1	2
Chowan	0	0	0	Hyde	0	1	1
Clay	0	0	0	Iredell	6	5	11
Cleveland	1	0	1	Jackson	5	0	5
Columbus	2	1	3	Johnston	4	6	10
Craven	9	9	18	Jones	0	1	1
Cumberland	19	22	41	Lee	3	6	9
Currituck	1	1	2	Lenoir	2	2	4



County of Death	2016	2017*	Total	County of Death	2016	2017*	Total
Lincoln	2	0	2	Scotland	0	0	0
Macon	2	1	3	Stanly	5	1	6
Madison	0	0	0	Stokes	2	5	7
Martin	1	1	2	Surry	2	2	4
McDowell	0	2	2	Swain	0	0	0
Mecklenburg	56	35	91	Transylvania	0	0	0
Mitchell	0	0	0	Tyrrell	0	0	0
Montgomery	0	0	0	Union	7	5	12
Moore	1	5	6	Vance	7	9	16
Nash	6	3	9	Wake	37	28	65
New Hanover	46	19	65	Warren	0	0	0
Northampton	0	0	0	Washington	0	0	0
Onslow	4	7	11	Watauga	0	2	2
Orange	6	2	8	Wayne	12	3	15
Pamlico	2	0	2	Wilkes	1	0	1
Pasquotank	2	2	4	Wilson	5	0	5
Pender	7	2	9	Yadkin	1	2	3
Perquimans	1	1	2	Yancey	0	1	1
Person	0	2	2	TOTAL	573	402	975
Pitt	13	9	22				
Polk	0	0	0				
Randolph	7	7	14				
Richmond	1	1	2				
Robeson	1	2	3				
Rockingham	11	5	16				
Rowan	15	3	18				
Rutherford	2	0	2				
Sampson	3	0	3				



FAQ

What are NPS or research chemicals?

- NPS is an acronym for new/novel psychoactive substances continually changed or modified to bypass current United States drug laws. These substances are usually targeted for production by illicit drug chemists/cartels after being identified in research papers and drug patents and are exploited for their different effects on the brain and body. Also referred to as "research chemicals" in online drug forums; different types of these compounds are listed below:
 - Synthetic Cannabinoids: commonly referred to as Spice or K2, these compounds mimic the effects of marijuana.
 - Cathinones: commonly referred to as bath salts, plant food and Flakka; these compounds mimic the effects of methamphetamine and MDMA (Ecstasy/Molly).
 - Synthetic Opioids: This group of compounds is designed to mimic the effects of morphine, oxycodone, heroin and other common prescription opiates/opioids. Some are similar in chemical structure to existing compounds (e.g., fentanyl) .while others are more novel (e.g., U-47700).

If I see fentanyl on my toxicology report, how do I know which one it is? How do I know if the fentanyl detected was from a prescription product or illicitly manufactured?

- The toxicology report will always list the specific fentanyl variety detected, as we do not report positive drug findings in general terms. Negative results are reported by drug class/test. The lab uses a variety of techniques to detect fentanyl and fentanyl analogues and we keep informed about new variants so that we can expand our list of targeted drugs as needed.
- There is no definitive way to differentiate between prescription fentanyl (e.g., Duragesic[®], Fentora[®], Sublimaze[®], etc.) and illicitly manufactured fentanyl on the basis of the detection of fentanyl alone. However, a moderate percentage of cases with illicitly manufactured fentanyl will also be positive for 4-ANPP which is a byproduct of the production process. The lab will list 4-ANPP on the toxicology report when detected and confirmed. This byproduct is also frequently detected in cases positive for fentanyl analogues.

How are illicit fentanyl and fentanyl analogues produced?

• Fentanyl and its analogues can be produced in a moderately equipped home based laboratory (like a meth lab) but are primarily produced in large manufacturing facilities in China and Mexico. To illustrate how closely related these compounds are; fentanyl, 4-ANPP and some of the confirmed fentanyl analogues in NC cases are depicted below.

